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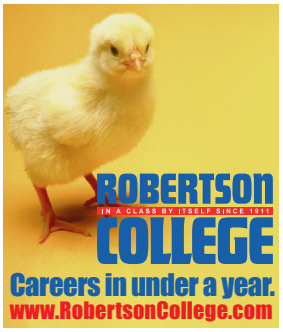

Suspect faces preliminary hearing in May

CRIME A preliminary hearing is scheduled to begin May 25 for the man charged in the slaying of a teenage girl whose body was found on a popular walking trail in Edson, Alta., last fall.

Ross Edward Kleman is charged with first-degree murder in the death of 14-year-old Emily Stauffer, the daughter of a local minister.

The preliminary hearing is expected to last more than two weeks.

Kleman has pleaded not guilty to the murder charge.

METRO CALGARY

NHL **Saddledome reunion**

TODD KOROL/REUTERS

Montreal Canadien and former Calgary Flame Mike Cammalleri gets past Flames captain Jarome Iginla during the first period of their NHL game in Calgary yesterday. The Flames beat the Habs 4-3. Story, page 8.

Stelmach walking fine line: Lawyer

COURT One of Alberta's leading criminal defence lawyers says recent remarks by Premier Ed Stelmach about 16 Greenpeace protesters are the worst example of political interference in the courts for more than a decade.

On Saturday, Greenpeace staged the third of several protests against the oilsands, which the environmental group criticizes for their impact on climate change. The activists are now facing charges.

Brian Beresh said prosecutors had no objections to bail Saturday for any of the activists. But during hearings on Sunday, after Stelmach's remarks appeared in print, the Crown objected to bail for several of his clients.

"It caused me to wonder whether or not the premier's comments had that immediate effect."

Stelmach told reporters that the justice system was coddling the protesters and warned he would work with legal officials to stop them.

Beresh said Stelmach's comments were the most blatant case of political interference since 1997, when then-Premier Ralph Klein told judges they were civil servants who could be hired and fired at will.

THE CANADIAN PRESS

News on the Move

What's this barcode for?
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Travel pg 14

Glamour in South Beach

On the web
Visit metronews.ca for news updates

City gets passing grade

Vital Signs report card finds improvement in 7 of 12 areas

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Now vs. then (2009/2008)

- Learning: B/B
- Safety: B-/C-
- Health and Wellness: B-/C
- Arts and Culture: B/C
- Getting Started: B-/C+
- Natural Environment: B-/C-
- Work: B/B
- Housing: C/D
- Belonging/Leadership: B-/C
- Sustainable City: C/C
- Sports and Recreation: B/NA
- Financial Well Being: C/C

If Calgary was a student and Calgarians were the parents, both would be celebrating a very good report card today.

After receiving almost all C's last year, the city passed the third annual Vital Signs report with flying colours after improving in seven out of 12 areas and not receiving any lower grades, according to The Calgary Foundation.

The organization credits positive thinking by Calgarians during what was a tough economic year with the recession.

"Even in tough times they saw signs for good news," said TCF vice-president of communications Kerry Longpre.

Over 1,700 citizens had their say on what is and isn't working in the city. Most notably gave safety a much better grade.

Mayor Dave Bronconnier said the fact that Calgarians are feeling safer has a lot to do with the addition of 300 new police officers.

"Not only do Calgarians feel safer, but they are safer. I think the report says Calgarians love their city, but of course there is always room for improvement."

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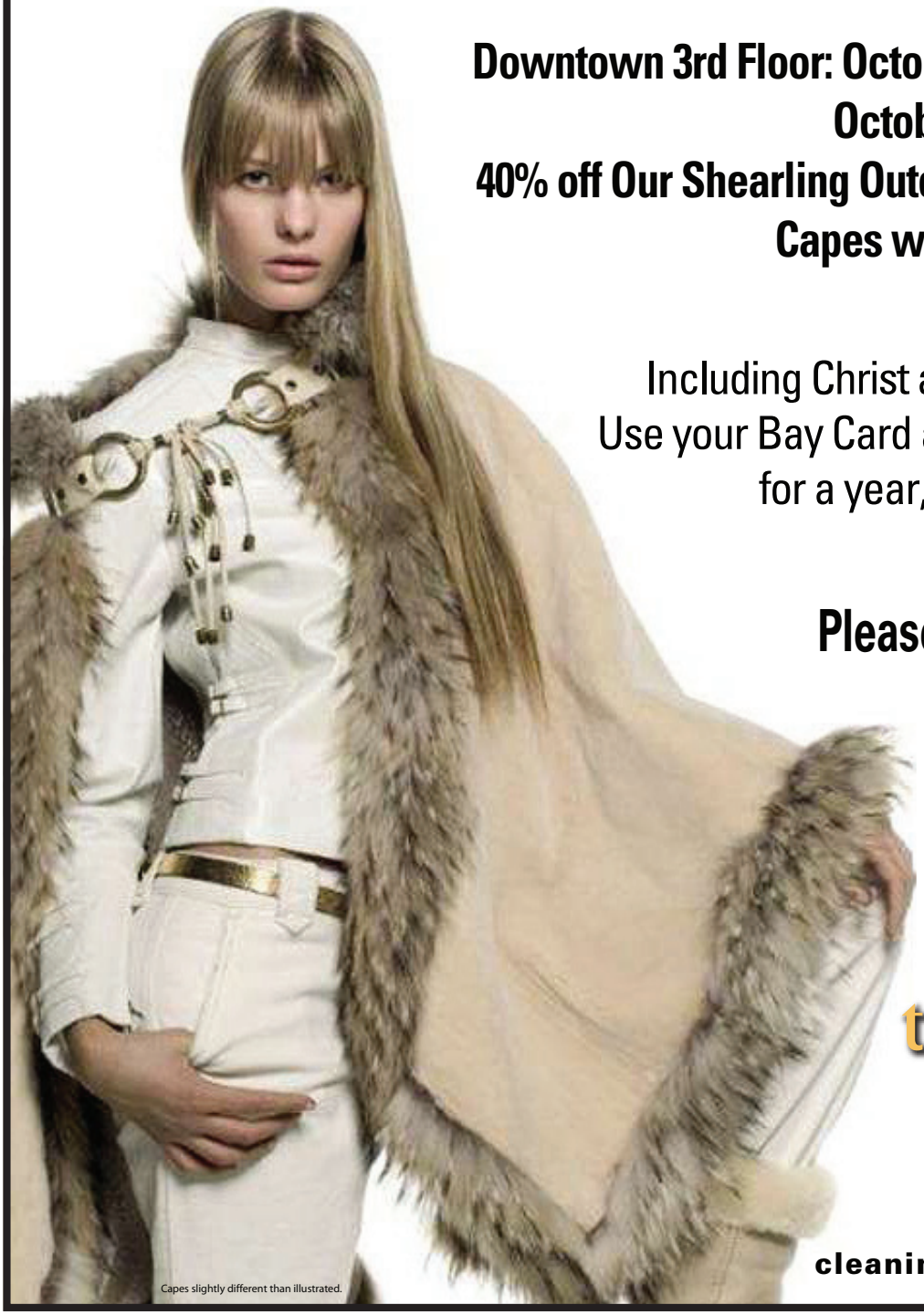

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ScanLife

Local

Cooped up in court

Feathers are flying in a barnyard animal dispute in a Calgary court between a woman and the city over the woman's right to own chickens in the backyard of her northwest home. The woman says she has the chickens to feed her three children. She pleaded not guilty to a ticket she received for possessing livestock in a prohibited area. METRO CALGARY

ROBIN KUNKSKI/FOR METRO CALGARY

Calgarian Allison Lane is one of eight finalists in the international Breast Fest Filmfest after she documented her battle with breast cancer in her short film, Chem-Ho.

Chem-Ho hits screens

Documenting her fight against breast cancer turned a Calgary woman into a self-professed "Ho of Chemo" and reeled in a finalist spot in an international breast cancer film festival.

Allison Lane, 36, turned her ongoing breast cancer fight into a comedic yet dramatic short film dubbed Chem-Ho. She is now one of eight finalists across the world in the Breast Fest Film Fest.

Lane was diagnosed with breast cancer exactly one year ago Oct. 4, and since she was already in the arts industry, she turned the camera on herself while going through treatment.

"At first I thought, 'why me,' and had a little pity party for myself. But then I realized I can't let this stop my life so I put a comedic spin on my situation," Lane said, adding she even tried to date a doctor in the film.

Lane was surprised when she started receiving feedback on YouTube from people who found inspiration in what she was doing.

"I think I discovered 'why me.' This happened to me so I can give others who are going through the same thing hope."

People can view and vote for Lane's film at breastfestfilmfest.com until the Oct. 15 deadline.

KRISTA SYLVESTER/METRO CALGARY

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Dad charged with manslaughter in baby's death

COURT Police have laid manslaughter charges against the father of a two-month-old boy who died in hospital in August.

Bryson Dorey-Fox died two days after his mother took him into the hospital on Aug. 1, and police were called in to investigate at that time. Autopsy results showed the toddler died from blunt force trauma.

Staff Sgt. Doug Andrus of the homicide unit called the investigation complex and emotional.

Jamie Allen Dorey, 29, is in police custody. The case is before the courts.

KRISTA SYLVESTER/METRO CALGARY

AWARDS
METRO INTERNATIONAL
NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

Campaign seeks tougher legislation against child porn

AWARENESS Demand for tougher legislation and a change of the term "child pornography" is behind a new Canada Family Action campaign launched yesterday in Calgary to protect children from Internet sex crimes.

Citing a federal ombudsman report suggesting there's been an 800 per cent increase in child sex crimes and a quadrupling of Internet sex images, the group believes creating awareness via a new website — childsafenation.ca, will help rally grassroots support for the change.

"This issue is not being treated seriously in our nation," said Brian Rushfeldt, CFA's executive director.

DARREN KRAUSE/METRO CALGARY

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WHAT'S ONLINE TODAY

Your Money Allan Small on the effect grim U.S. employment numbers may have on economic recovery at **metronews.ca/investing**

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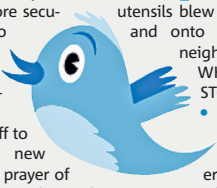

• @burninggoats Why would the zoo need more security? It sounds to me like the tigers keep themselves pretty secure. #yyc

• @hulaballoo Off to check out the new Holts. Say a little prayer of strength for my credit card #yyc

• @Polka_Dot Our barbecue utensils blew off our balcony and onto the downstairs neighbour's balcony. WHAT A WINDSTORM! #yyc

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Complaints prompt new wine label
All three of Canada's largest wine producers are working on new labels for some of their best-selling wines after complaints that consumers were being hoodwinked into thinking they were made from Canadian grapes. THE CANADIAN PRESS

Canada/World

News in brief

ECONOMY The economic downturn has forced more Canadians to turn to food banks and feeding programs, says a new report from the Salvation Army. The organization, billed as the largest non-governmental direct provider of social services in Canada, has more than 275 food banks and feeding programs across Canada. A survey of staff across the country found that 72 per cent of respondents said demand for food services has increased.

ESPIONAGE CSIS has recruited some Defence Department technical wizardry to sidestep legal limits on its ability to spy on Canadians travelling abroad. Details of a Federal Court ruling released yesterday provide a glimpse of the highly advanced tools used by spies in the fight against terrorism and espionage. A groundbreaking decision by Justice Richard Mosley reveals the Canadian Security Intelligence Service obtained a warrant to monitor two suspects considered threats to Canada late last year.

ALLEGATIONS The archbishop of St. John's says the police and the church may have failed a Newfoundland teen who alleged two decades ago that a Catholic priest had child pornography in his house.

THE CANADIAN PRESS

Survivor talks on polygamy

Ex-Bountiful resident makes claims of rape and abuse

KRISTEN THOMPSON
Metro Canada

Living in polygamy is like living an Orwellian nightmare, says a former Bountiful, B.C. resident and daughter of one of the founders of the community.

Brenda Jensen said her life was like that of the characters in Animal Farm, where the community lived in fear and was governed by corrupt, ignorant and greedy leaders.

"Polygamy is an empty black hole," said Jensen, 58. "It sucks the life out of life. I hated everything to do with it. I hated polygamy."

Jensen, who now lives in Nevada, said girls were raped and were told the abuse was a "lesson from God." The boys, she said, were given "carte blanche."

Jensen was a teen when her father, Harold Blackmore, moved with his two wives and dozen children — away from the fundamentalist Mormon community, which he called the "holy mafia."

"The more wives (the men) have, the more children and the more welfare," Jensen said.

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Crusader fights

- When charges against two polygamist leaders from Bountiful were quashed by a B.C. Supreme Court judge, Audrey Vance became determined to find another avenue to break up a community she says violates women's rights.
- Vance is the co-chair of Altering Destiny through Education, an organization that helps women escape the polygamist community.

More than 2 million childbirth deaths yearly

SOUTH AFRICA More than two million babies and mothers die worldwide each year from childbirth complications, outnumbering child deaths from malaria and HIV/AIDS, according to a study released yesterday.

The study, launched at the International Federation of Gynecology and Obstetrics world congress in Cape Town, also showed that such deaths could be easily avoided.

"The world will continue to miss the unheard cry of the 230 babies who die every hour from childbirth complications," unless there is better planning and implementation of policies.

Some 1.02 million babies are stillborn and another 904,000 die soon after birth.

By comparison, 820,000 children die from malaria and 208,000 from HIV/AIDS worldwide. About 42 per cent of the world's 536,000 maternal deaths also occur during childbirth, according to the study. Africa and South Asia account for three-quarters of the deaths.

"Each death is a tragedy to a family — actually a double tragedy since almost all these deaths could be prevented," said Joy Lawn, who runs Save the Children's Saving Newborn Lives campaign.

THE ASSOCIATED PRESS

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Pakistan **Barrel of monkeys**

K.M. CHAUDARY/THE ASSOCIATED PRESS

People watch a roadside monkey show in Lahore yesterday. These shows are usually seen in Pakistani rural areas and spectators offer money to owners of the animals.

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Comment

We could learn from U.K. politics

TheWestView

Is it just me, or are Canadian politics dull and uninspiring? I'm in London getting a close-up of the blood sport known as politics in the U.K. It makes what we do in Canada look like Nerf politics.

It's political convention season in England. Add an upcoming national election (May 6, 2010), and the likely prospect hapless Gordon Brown and Labour will be swept by David Cameron and his new, improved Tories, and the frenzy is fevered. The fever is frenzied? Works either way.

Last week, PM Brown tried to storm off a TV set when the host asked if he was on meds. Sadly, his dramatic exit was thwarted by a lapel mike so he had to sit down and get unhooked.

Then came treachery from former ally Rupert Murdoch, whose Sun, the biggest paper in the U.K., declared for Cameron and his Tories: "Labour's Lost It!"roared the traitorous tab, causing a union leader to tear up a copy on the convention stage.

Gordon Brown

Then you have internecine warfare as Cameron fights off a challenge from fellow Tory and "euroskeptic" Boris Johnson, the mayor of London, who wants a referendum on the European Union, mainly because Labour archfiend Tony Blair could end up as the president of the EU at the precise moment the Tories ascend to power.

And the media! Even on a bad day — complicated by wedgies — Canadian inkstained wretches don't come close to the savage punditry displayed by the Brits on an "ordinary" day.

These guys make you gasp. Imagine a Canadian calling the cabinet "morons, sleazeballs and incompetents" as did the Telegraph's Simon Heffer. Or if Globe cartoonist Brian Gable had drawn Michael Ignatieff sporting bared breasts, as the Times did to David Cameron, under the title "Tory party conference pinup," with the caption: "Cameron enjoys the Sun but he has his knockers."

These U.K. media jackals may be crude, but they are invariably clever. And there are so many of them. Here, at least, there are no long lines of unemployed pundits. So every point of view is expressed … and expressed … and expressed.

The net effect is engaging. Politics matter almost as much as the soccer scores. People believe politicians can still be accountable, and the media aren't completely cowed. When was the last time someone asked a Canadian politician if he/she was on meds?

The net effect is also inspiring. Canadian morons, sleazeballs and incompetents, take note.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: Do the arrests of religious leaders have an impact on your beliefs?

Khadem Miah
age 48, Toronto

A: Anyone who does any kind of crimes, especially serious crimes, are not religious.

Leoda Bielewicz
age 40, Beaver Bank

A: No, it doesn't affect my beliefs. My belief is in God not in an individual who did something wrong.

George Mitchell
age 68, Halifax

A: No, I don't have beliefs. I believe in reason if you like, evidence not superstition.

Lishan Law
age 29, Calgary

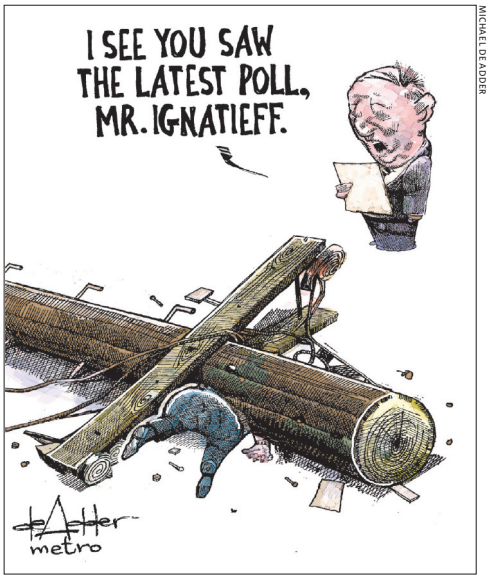
A: I don't think it does. Why would anyone want to follow these leaders if they are getting caught doing all these things?

Maria Springer
age 45, Toronto

A: No. We all believe in what we want to believe in and everyone should be able to believe in what they want.

Corey Martin
age 23, Calgary

A: Personally, I think religion is a waste of time and doesn't affect my opinion at all either way.



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38% of Canadians approached by scam artists last year: Survey

A survey released Monday suggests thirty-eight per cent of Canadians were approached by investment scam artists last year, CBC News Online reports. More than 6,300 Canadians were polled in the survey, which was commissioned by the Canadian Securities Administrators. METRO NEWS SERVICES

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

EI premiums could rise, says analysis

Canadian workers could see employment insurance premiums rise by $632 over four years while employers may face even bigger hikes if the government is to meet economic update targets, according to economic forecaster Dale Orr of Economic Insight.

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The analysis, released yesterday, estimates that Finance Minister Jim Flaherty's revenue projections on the EI account builds in a sizable employment tax hike for both workers and employers of about $15.5 billion by the 2014-15 timetable laid out in last month's update.

When it issued the update, Ottawa said it could return to balancing the budget after the 2014-15 fiscal year without raising taxes, but did acknowledge it will likely entail increases in EI premiums to balance the account over time.

Economist Dale Orr says premiums must rise from the current $1.73 per $100 of earnings — which will be frozen for another year — to $2.33 over the next five years. That will result in an accumulated extra payment of $632 for every worker earning more than the bottom threshold of $42,300.

THE CANADIAN PRESS

Business in brief

MEDIA Canwest Global Communications Corp. has received court approval for a bankruptcy restructuring that could put the company's ownership into foreign hands.

ECONOMY The Toronto stock market gained more than two per cent in trading yesterday as commodity prices soared in response to a weakening U.S. dollar. THE CANADIAN PRESS

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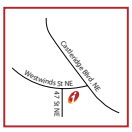

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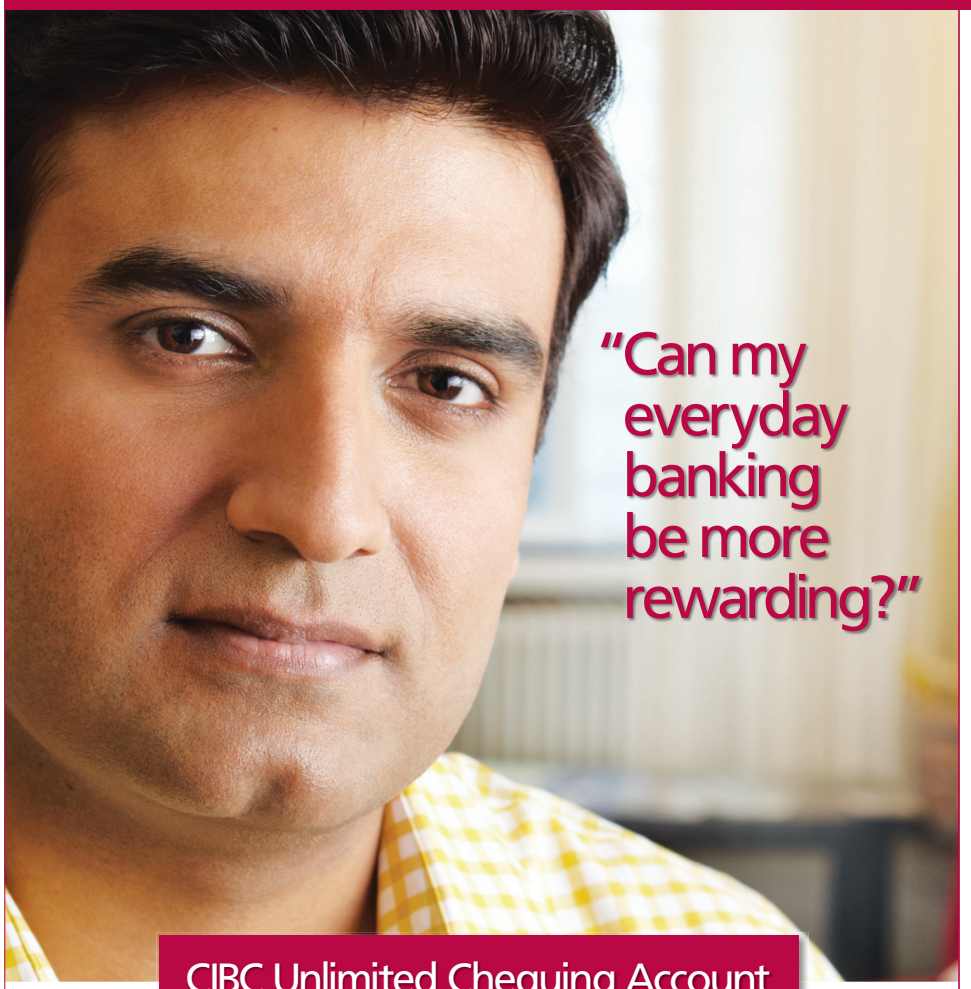

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Bruins give Lucic $12.25M extension

The Boston Bruins have given Milan Lucic a $12.25-million US, three-year contract extension. Lucic, 21, set career highs last year with 17 goals and 25 assists. THE ASSOCIATED PRESS

Sports

Serena back on top

Serena Williams reclaimed her world No. 1 ranking with a 6-3, 6-2 victory over Russia's Ekaterina Makarova in the second round of the China Open yesterday. Based on pre-tournament calculations, Williams moves to the top ranking by finishing better than current No. 1 Dinara Safina at the tournament. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Flames edge Canadiens

NHL RESULT

Montreal 3 Calgary 4

Eric Nystrom recorded the first hat trick of his career to lead the Calgary Flames to a 4-3 win over the Montreal Canadiens last night at the Saddledome.

Jarome Iginla also scored for the Flames, who improved to 3-0 on the young season. Miikka Kiprusoff allowed three goals on 30 shots in the victory.

Guillaume Latendresse, Tomas Plekanec and Scott Gomez scored for Montreal, which is in the midst of its season-opening five-game road trip that will continue in Vancouver today. The Canadiens won their first two games of 2009-10, but are now winless in their last five trips to Calgary.

Jaroslav Halak gave starter Carey Price a rest and made 24 saves in the loss.

With the scored tied 3-3, the Flames took the lead for good 2:16 into the final stanza on Nystrom's third goal of the contest. Staffan Kronwall fired a one-timer from above the left circle after the puck had caromed off the half-wall. The low shot was redirected past Halak by Nystrom.

METRO NEWS SERVICES

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Tiebreaker Twins are in

JIM MONE/THE ASSOCIATED PRESS

Minnesota Twin Orlando Cabrera leaps into the arms of teammate Michael Cuddyer after hitting a two-run home run against the Detroit Tigers last night in Minneapolis. The Twins won the AL Central tiebreaker 6-5 in 12 innings, and will begin a series against the New York Yankees today in New York.

Sports in brief

NFL Conservative talk radio host Rush Limbaugh said yesterday he is teaming up with St. Louis Blues owner Dave Checketts in a bid to buy the St. Louis Rams, owners of the NFL's longest losing streak at 14 and just 5-31 since 2007. Forbes magazine has estimated the Rams franchise has a value of $929 million US . THE ASSOCIATED PRESS

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J-Bo's impressive

TheHockeyNews

Early-season observations

- The lack of chemistry between captain Jarome Iginla and Olli Jokinen in the early going (and late last season) is quite disconcerting. Both of them are supposed to be difference-makers, but have been easily neutralized so far.

  What's worse is they're weak defensively when the puck is going in the other direction.
- Nice to hear the team is going to give goalie Miikka Kiprusoff a 15-20 game break this season in an effort to keep him a little fresher for the post-season. The sooner backup Curtis McElhinney gets a chance to establish himself the better for his psyche and for team confidence. The Flames won't have a chance to win the division if those games are mail-in losses like last year.
- Is Nigel Dawes this year's version of Matthew 'Too Bad' Lombardi? Good effort and energy, but snake-bitten around the net. Unless he starts connecting on some of chances, he's destined for a role on the energy line.

Early impressions of Jay Bouwmeester so far are thumbs up.

Calgary's marquee summer acquisition from Florida has been solid in his own end, very effective clearing the zone and quietly efficient controlling the power play.

In other words, Bouwmeester is delivering exactly as advertised. He doesn't do anything incredibly special (other than skate), but does everything really, really well.

That's why he's leading the league in average ice time per game and will stay close to the 29-minute mark all season.

A corollary to J-Bo in Calgary is the ice time he's taking away from former leading man Dion Phaneuf. Last season, Phaneuf got sloppy and careless and his overall game suffered.

With Bouwmeester in town, Phaneuf's ice time has been cut from 26:32 last season to about 24 minutes through two games.

Even though he has two goals in two games, Phaneuf tends to do too much watching and not enough defending, but hey, it's early. CBC analyst Kelly Hrudey made the valid point Saturday that because Phaneuf got so much ice time in past seasons, he tended to do his resting or coasting during shifts, which led to his downward spiral.

The Hockey News
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Car Insurance Roadblock

Consumers concerned insurers don't want drivers with tickets or accidents

Worried Your Spotted Driving Record Means You've Got Nowhere To Turn For Car Insurance?

Don't be. While it's true that, all things being equal, your tickets and accidents make you a more expensive risk to insure than a similar car and driver with a clean driving record, that doesn't mean you should have trouble finding insurance – assuming you know where to look. Different insurance companies target different types of business and this is reflected in things like their claims service, marketing efforts, discounts, and most importantly for you, their rates.

Should I Just Accept That I'll Have To Pay A Bundle?

No. Sadly, this is a mistake many drivers make and it can be a costly one, especially if they don't bother to shop around for the lowest rate available. The key to finding the best rate, especially if you have tickets or accidents on your driving record, is to figure out which insurance company of the more than 20 in Alberta has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

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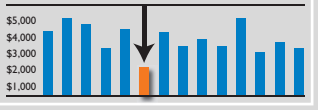

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Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

The 2010 Mercedes-Benz GLK 350 4Matic is called a compact SUV, Starting at $41,800, the GLK is one of the automaker's bestselling vehicles in Canada.

A Canadian love affair

Mercedes GLK one of automaker's top sellers

JIM ROBINSON
for Metro Canada

While most manufacturers are shying away from offering new SUVs, Mercedes-Benz has no less than five, the newest being the "compact" GLK.

The reason compact is in quotes is because it's intermediate to my eyes although it is classified in the compact class.

But the compact SUV section is where the action is because they appeal to a lot of Canadians who aren't as keen on large trucks like our American neighbours.

And it could well be Mercedes-Benz has intentionally blurred this line to make it attractive to two sets of buyers.

Visually, it is more upright and squared off at the shoulders than a M-Class or big GL-Class and sculpted in angular lines with a touch of "Jeepness," a look that North Americans have come to identify with off-roaders.

The beefy exterior is offset by the luxurious interior that is similar in looks and feel to the M- and GL-Class. Mercedes cut no corners on appointments and materials.

The model we get here will be called the GLK 350 4Matic with the 3.5-litre, DOHC V6 found in just about everything Mercedes builds. In the GLK it produces 268 hp and 258 lb/ft of torque through the now, near standard 7G-Tronic seven-speed automatic/sequential transmission.

The GLK starts with the 3.5-litre and 4Matic all-wheel-drive at $41,800.

The leather-lined (man-made or real) cabin is sumptuous with the driver and passenger getting Neck-Pro crash-responsive head rests that move forward to cup the head in an accident.

Of course there is cruise and power everything, but the Mercedes Thermatic dual-zone climate control is also standard and it really works.

2010 Mercedes Benz GLK 350 4Matic

Type: Compact luxury SUV
Price: from $41,800
Engine: 3.5-litre, DOHC V8 (268 hp, 258 lb/ft.)

Highlights

- Compact SUV with the style of an off-roader
- Affordable Sport package

AutoPilot

Michael Goetz

Read this week's column at metronews.ca/autopilot

2010 GMC Terrain ready to hit dealers

NEW MODEL GMC has announced that its all-new Terrain five-passenger crossover SUV, now arriving in showrooms, will have a starting price of $27,465 for the front-wheel drive model and $29,075 for the all-wheel drive model.

"Built right here in Ingersoll, Ontario, the Terrain is the latest offering from GMC and takes the brand's engineering expertise and truck heritage into a smaller segment at the heart of today's crossover market," said Marc Comeau of GM Canada. The base SLE1 model comes standard with GM's new 2.4-litre direct-injection engine and six-speed automatic transmission that delivers highway fuel consumption of just 6.1 L/100km. FROM CARGUIDE

2010 GMC Terrain

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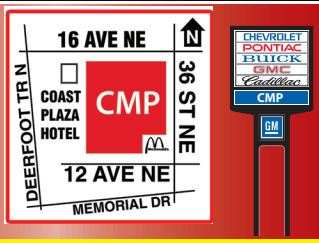

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Douglas College enrolment boom
B.C.-based Douglas College is welcoming 9,500 students taking credit courses this fall, an overall increase of 7.3 per cent. METRO NEWS SERVICES

Workology

The goal: $500,000,000

At the opening of the Claudette MacKay-Lassonde Pavilion on Saturday, the University of Western Ontario formally launched the public phase of its $500-million Make a Difference fundraising campaign. Over $130 million has been raised to date.

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EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Tips from The Den: Know your worth

Dragons' Den

You have to know what you're worth. Whether you are negotiating your salary for a new job, asking for a raise — or appearing on a reality show like Dragons' Den — you can't put a price tag on yourself unless you've spent some time figuring out what you can justify.

That's the first challenge for the eager entrepreneurs who come into the Den to try and convince a panel of Canadian multi-millionaires to invest money into their business. They have to put a number on how much of their company they're willing to sell, and for how much, i.e. "I'm looking for $250,000. That will buy you a 10-per-cent stake in my company."

If they're out of whack with that valuation, and can't back up it up with solid figures, or a convincing demonstration, watch the Dragons breathe fire!

There's a fascinating example of someone fighting for what they're worth on tonight's episode of Dragons' Den. Steve Sal Debus of Vancouver came to entice the Dragons to invest in his company Modrobes. If you're relatively young (and cool), you may recall this popular brand. But it disappeared in 2005, after Steve and his management team made some big mistakes. The company went bankrupt.

Well lo and behold, despite that past failure, Steve gets a $200,000 offer from Jim Treliving, owner of Boston Pizza. How great would that sound to someone who desperately needs cash to start again? Not great enough apparently. Steve turns Jim down. Does he get another, better offer? You'll need to watch to find out!

Dianne Buckner is the host of Dragons' Den. Tonight's episode airs at 8 p.m. on CBC. Follow Dianne on Twitter @DianneBuckner.

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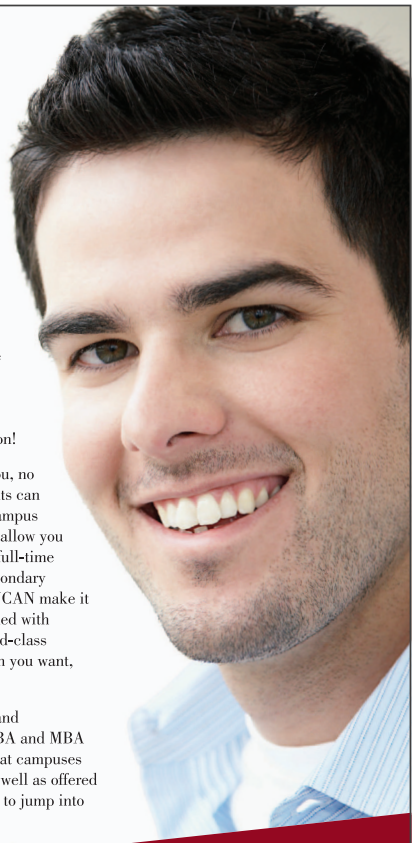

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Our civil justice system is one of workplace law’s greatest flaws. Corporations, with expensive lawyers and deeper pockets, are permitted to make the costs of litigation too excessive for the average employee. By introducing new rules for Jan. 1, 2010, however, the Ontario government figured that would all change. Sweeping amendments to Ontario’s civil procedure were designed to make lawsuits more accessible and cost-effective. The Attorney General’s press release boasts that the reforms will make it less expensive to access justice and easier to use the courts to quickly resolve disputes.

But not so fast. In redesigning the rules, the government may have simply traded one set of problems for another. Ironically, many of the new rules may actually end up costing more and taking longer. Some problems:

• Small Claims Court jurisdiction. The previous cap of $10,000 on all small claims will be raised to $25,000. While, at first blush, this appears to favour employees, who can now pursue more substantial claims, I have various concerns. The Small Claims court is already flooded with lawsuits and a roster of “deputy judges” that seldom have the time or training to resolve disputes without a trial. It is not unusual to wait up to a year for a trial or to appear on your court date only to have the matter rescheduled. Once the caseload increases, inevitably, the wait will too.

• The cost award for winning a trial or motion will be reduced to what was “reasonable” — not the costs of what were actually incurred. In a lawsuit, the losing party is usually compelled to pay a component of the successful party’s legal fees. The new civil rules contain a general principle of “proportionality” requiring judges to award costs based on the total value of the claim and how long it ought to have taken to get to trial.

Daniel A. Lublin is an employment lawyer focusing on the law of dismissal; dan@canadaemploymentlawyer.com.

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Poe gets a proper burial

Edgar Allan Poe, the master of literary gothic horror, has been fêted all year at events marking the bicentennial of his birth. On Sunday in Baltimore, he'll get the funeral he never had: Actors will portray Poe's friends and contemporaries. THE ASSOCIATED PRESS

Travel

Fernie on film

This ski season, B.C.'s Fernie Alpine Resort is looking forward to starring on the big screen. On Feb. 26, 2010, it will celebrate the release of a $60 million US movie called Hot Tub Time Machine, a "retro" ski film set in 1986 that will feature John Cusack and one-piece ski suits. Fernie plays the back drop, and many locals play extras. METRO NEWS SERVICES

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Sunrise to sunset in South Beach

Be seen at the latest glamour hot spots in this Miami enclave

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With its mélange of sandy beaches, crashing ocean, Art Deco buildings and colourful residents, South Beach is a tiny strip of fun just across from mainland Miami. It's the perfect holiday playground whether you're looking to relax in the sun, go shopping, absorb some culture or spend a week clubbing.

See the sunrise: On the beach in front of the Gansevoort South. If you know what's good for you you'll have treated yourself to a night in this majestic new hotel, which comes complete with an enormous sun terrace; three pools; stylish, spacious bedrooms; and even sharks in the 15-metre fish tank in the lobby.

You'll have also partied until 3 a.m. at the palm-fringed rooftop pool bar, Plunge — go for a dip if you're in fantastic shape or feeling brave; see ganse voorthotelgroup.com.

Have breakfast: Check out the parade of glamourous pensioners and wannabe gangstas as you tuck into strawberry and banana pancakes on the sunny terrace of The Pelican on Ocean Drive. The Pelican is the first hotel opened by the Italian fashion brand Diesel, pelicanhotel.com.

Take a morning stroll: Walk down Ocean Drive and admire the scenery —the beautiful Art Deco hotels on one side, buff surfers and bikini babes on the beach on the other.

If you want a serious guide to the colourful 1930s and 1920s buildings, join one of the daily tours that start at the Art Deco District Welcome Center, mdpl.org. Taking it easy? Play a game of netball on the sand.

Have lunch: Order a huge burger at the 11th St. Diner (Washington Avenue at 11th Street), a stainless-steel eatery dating from 1946 that serves classic diner fare including waffles and milkshakes.

Afternoon activities: Finish walking down Ocean Drive and have your photo taken on the steps of Casa Casuarina, the magnificent villa where fashion designer Gianni Versace was murdered. It's now a posh members-only club and luxury boutique hotel.

Next, explore Washington Avenue, a parallel route that features Art Deco houses and some shops along the way. Stroll north to Lincoln Road Mall at 16th Street, where you can stock up on staples from major chain stores as well as vintage clothing at Fly boutique and quirky homeware at Jonathan Adler. Reward yourself afterwards with a cocktail at one of the many nearby pavement cafés.

Read more on page 15 ››

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Titanic memorial cruise
A trans-Atlantic cruise is being offered in 2012 to mark the 100th anniversary of the sinking of the Titanic. The Titanic Memorial Cruise will depart, as the original ship did, on April 8, from Southampton, England, and arrive at the spot in the North Atlantic where the Titanic sank on April 15. THE ASSOCIATED PRESS

GANSEVOORT

A view of the Gansevoort's rooftop pool; you can party until 3 a.m. at the pool bar, Plunge.

>> Continued from page 14

Watch the sunset: The Mondrian, an ultra-chic new hotel conceived as a modern fairytale castle by Dutch design virtuoso Marcel Wanders, is on the right side of South Beach for watching the sun go down over the main city.

Order a cocktail and take your pick of the loungers and designer chairs on the ultra glamourous terrace. Forgotten your Rolls Royce or your Paul Smith toothbrush? Buy one at Semi-Automatic, the hotel's unique, outsized vending machine in the lobby.

Dine: If you're feeling flash, stay for dinner at the Mondrian's Asian-Latin fusion restaurant Asia De Cuba, one of the hippest, dressiest joints in town; mondrian-miami.com.

Alternatively, head back to Ocean Drive and install yourself on the terrace of a restaurant like The News Cafe for some top people-watching, as Spring Breaker types in their finest seduction outfits and showoffs in their bouncing low-rider cars cruise past.

Good to know

How to get there: Miami International is a 20-minute drive from South Beach.
When to go: The weather is great all year round, although hurricane season is June to November. For a party buzz, visit during one of many festivals, join the hip art set at Art Basel Miami Beach in December, the world's best DJs and music industry scenesters at the March Miami Winter Music Conference or catch the Latino vibe at the Carnival Miami in March.
Get around: Dollar-Thrifty car rental starts from $62.09 US at dollar.com.
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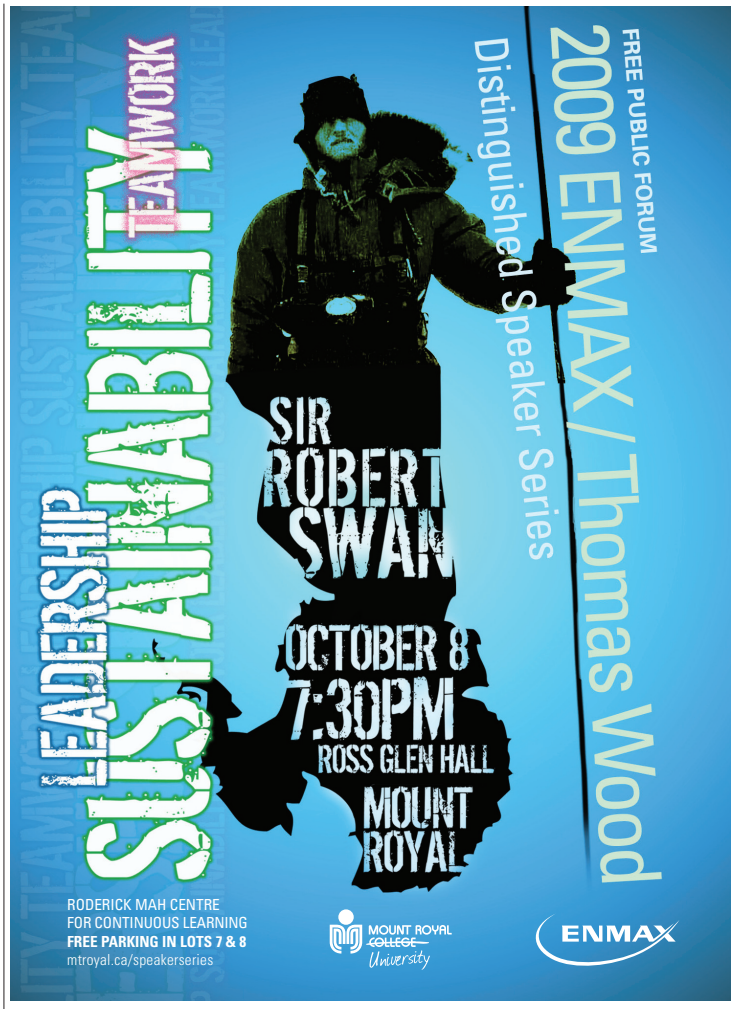

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Dr. Phil's going to be a grandfather
Dr. Phil McGraw is going to be a grandfather. This will be the first grandchild for Dr. Phil and wife Robin, and the first child for their 30-year-old son Jay and his wife, Erica McGraw. PEOPLE.COM

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies give thanks

RICHARD CROUSE
for Metro Canada

If aliens learned about Thanksgiving from movies and television, they'd get a skewed idea of what the day is all about. In real life we express our gratitude for life's bounty, but on screen it's a different story.

"Thanksgiving is an emotional holiday," joked Johnny Carson. "People travel thousands of miles to be with people they only see once a year and then discover once a year is way too often."

Being less than thankful for family is a common theme in entertainment. The House of Yes saw queen of quirk Parker Posey ruin Thanksgiving when her favourite brother brings home his fiancée, and in Pieces of April a pre-Cruisized Katie Holmes not only has to deal with a broken stove but a broken family as well.

Home for the Holidays has a heart warming title that promises sweetness and light but director Jody Foster's Thanksgiving tale is anything but an ode to the holiday. It's the family reunion from hell for the Larson family, culminating in fist fights and emotional distress.

The Ice Storm's backdrop of '70s suburban ennui sets the tone for a tragic climax on Thanksgiving Day and Christina Ricci's acidic prayer. "Dear Lord," she says, "thank you for this Thanksgiving holiday. And for letting us white people kill all the Indians and steal their tribal lands. And stuff ourselves like pigs, even though children in Asia are being napalmed."

At least Planes, Trains and Automobiles, about odd couple Steve Martin and John Candy trying to get home for Thanksgiving, is jammed packed with laughs, even if Martin isn't the most thankful man.

If Thanksgiving really was like it is in the movies the only thing we'd be giving thanks for is that it only comes around once a year.

Steve Martin and John Candy are an odd couple trying try to get home for Thanksgiving in Planes, Trains and Automobiles.

Movie **feature**

	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/7/09	267	351 - ACCESS	Alberta Primetime (Live)		Eastwick (HDTV) (N)		So You Think You Can Dance		The Middle (N)	Hank (N)	Primetime
primetime	243	317 3 CFCN	etalk	Dance	America's Next Top Model (N)		CSI: NY (HDTV) (N)		Criminal Minds (N)		CTV News
	-	- 4 OMNI	The Office	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Hank (N)	The Middle (N)	Modern Family	Cougar Town	Eastwick
	245	306 6 CBRT	Wheel-Fortune	Jeopardy! (N)	Dragon's Den (HDTV) (N)		The Tudors (N) (DVS)		CBC News: The National		The Hour
	244	338 7 CICT	ET Canada	Entertainment	Melrose Place "Canon"		Bones (HDTV) (N)		Glee "Vitamin D" (N)		News Hour
	246	- 8 CKAL	Law & Order: SVU		The Jay Leno Show (N)		Mercy (HDTV) (N)		Modern Family	Cougar Town	Your City
	119	705 9 CBXFT	Virginie (SC)	L'Épicerie (N)	Le Moment de vérité (SC)		Hauts		Le Téléjournal Nouvelles. (SC)		TJ Alberta
	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News	Hollywood	The Doctors (N)		Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY
	-	374 14 KSPS	NewsHour With Jim Lehrer		Reynolds-Alberta Museum		Craft in America (DVS)		Craft in America (DVS)		Art-Century
	502	390 15 CBC	CBC News: The National		Planet Earth		CBC News: The National		CBC News: The National		Planet Earth
	-	370 16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Mercy (HDTV) (N)		Law & Order: SVU		Jay Leno Show
	-	373 22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	So You Think You Can Dance		Glee "Vitamin D" (N)		News
	297	652 37 WPIX	Melrose Place "Canon"		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy
news	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace
sports	400	400 21 TSN	NHL Hockey		NHL Hockey Montreal Canadiens at Vancouver Canucks. (HDTV) (Live)					SportsCentre	Presidents Cup
	408	418 27 net	MLB Baseball	Sportsnet Con.	MLB Baseball American League Division Series Game 1 -- Teams TBA. (HDTV) (Live)						Sportsnet Con.
	410	403 30 SCORE	(5) RaceNight		WWE Vintage Collection		Score Now		Score Now		Score Now
	411	457 44 OLN	Survivorman		Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters
	417	406 48 SPEED	Pass Time	Pass Time	Wrecked	Wrecked	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pass Time
family	552	543 20 YTV	iCarly	iCarly	Drake & Josh	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541 39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545 67 TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
	575	583 11 CMT	According-Jim	According-Jim	Home Improve.	Home Improve.	Due South		Reba	Reba	According-Jim
	553	546 17 TREE	Little Bear	Bucket-Dinos	Babar	Big & Small	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Grocery Bag	Yourself Sexy	10 Years
	521	560 24 TLC	King-Crown	King-Crown	Toddlers & Tiaras (N)		King-Crown	King-Crown	I Didn't Know	I Didn't Know	Toddler-Tiara
	603	561 25 FOOD	Iron Chef America		Chopped (N)		Chef School	Chef School	Unwrapped	Unwrapped	Chopped
	615	520 26 A&E	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Parking Wars	Parking Wars	Bounty Hunter	Bounty Hunter	Bounty Hunter
	617	522 32 SHOW	Trailer Park	Trailer Park	The Outer Limits		The Guard (HDTV)		Found.	Paradise Falls	Bones
	601	562 33 SLICE	Newlywed	Newlywed	In Laws	In Laws	ET Canada	What Happen?	Biggest Loser Australia		Beauty, Geek
	-	633 34 ENC2	Filmography	(7:20) *Red Hot* ★★ (1993, Drama)			*Girl, Interrupted* ★★ (1999, Drama) Winona Ryder.				*Deep End-Ocn*
	520	505 35 DISC	Mighty Ships		Mayday		Daily Planet		Mayday		Pitchmen
	620	523 36 BRAVO	Wingfield	Star Portraits	Battle of Wills		Law & Order "Sweetie"		Without a Trace		Battle of Wills
	294	650 40 WPCH	The Office	The Office	*American Beauty* ★★★★ (1999, Comedy-Drama) Kevin Spacey.					The Office	*Amercn Beauty*
	626	547 41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Just-Laughs
	-	539 42 TCM	(6) *Foul Play* ★★★ (1978)		*Butterflies Are Free* ★★★ (1972, Comedy-Drama)				*Cactus Flower* ★★★ (1969, Comedy)		
	628	584 43 SPIKE	UFC Unleashed (HDTV)		The Ultimate Fighter (N)		The Ultimate Fighter (HDTV)		DEA "Marijuana Grow House"		CSI: Crime Scn
	522	516 45 HIST	Outlaw Bikers		Expedition Africa (N)		Life After People (N)		Ice Road Truckers		Exped. Africa
	627	528 46 SPACE	Torchwood "Meat"		Supernatural "The End"		InnerSpace (N)	Stargate SG-1		Star Trek: Next Gener.	
	-	- 47 AMC	(6) *Guns of Diablo*		*Flaming Star* ★★★ (1960, Western) Elvis Presley.				*Two Mules for Sister Sara* ★★★ (1970)		
cable variety	619	525 49 TROP	Project Runway Canada		King	King	The Outer Limits		ET Canada	What Happen?	Family Guy
	600	564 50 HGTV	Property Virgin	Unsellables UK	House Hunters	House Hunters	Holmes on Homes		Realtor	Intervention	Property Virgin
	501	391 52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504	508 70 BNN	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play
	526	507 92 VIVA	The Closer "Ruby"		Da Vinci's Inquest		Mediums	Encounters	Judging Amy		Missing
	269	350 93 APTN	APTN InFocus	Reel Insights		Wings-Canada	Canadian Geographic		Chiefs "The Pontiac Rebellion"		Storytellers
	-	- 94 MCP	World News	News	Banquet	Boys Over Flo	Van. Nights	Iranian Pop	Sabor Latino		Sabor Musical
	571	581 100 MMM	Wild 'n Out	Wild 'n Out	Gene Simmons	Gene Simmons	The Daily Fix		Wild 'n Out	Wild 'n Out	Gene Simmons
	570	580 101 MM	America's Best Dance Crew		Degrassi: The Next Generation		One Tree Hill		America's Best Dance Crew		
	581	566 102 MTV	The Hills	The City	The City	After	MTV Live	MTV News	The Hills	The Hills	The City
	-	- 116 TV5	(6) *Ordo*	À comm	Mixeur	Sport	TV5 Le Journal	Les Carnets du bourlingueur		Découvrir le monde	

critics'corner

CSI: NY
Mac (Gary Sinise) and the team follow the trail of evidence left by a killer (Skeet Ulrich, in a recurring guest role) after two bodies are found, one at the north end of the city and the other at the south. Melina Kanakaredes, Carmine Giovinazzo, Hill Harper, Eddie Cahill and Anna Belknap also star in the new episode "LAT 40 Degrees 47 Minutes N/ Long 73 Degrees 58 Minutes W." 11 PM on KREM

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In **brief**

BOOKS CBC broadcaster Linden MacIntyre and author Anne Michaels are among the finalists for this year's Scotiabank Giller Prize. Vancouver writer Annabel Lyon, Montreal's Colin McAdam, and Toronto author Kim Echlin also made the short list, which was announced yesterday. Worth $50,000, the Giller is Canada's most lucrative literary award. The Giller winner will be announced Nov. 10 in Toronto.

TV CBS has ordered another 13 episodes of CTV's slick Canadian cop show Flashpoint. The Toronto-based series stars Hugh Dillon, Amy Jo Johnson and Enrico Colantoni as members of an elite tactical police unit. The show debuted on both networks in 2008 to solid ratings, and in June, CTV ordered another 13 episodes without its U.S. partner.

THE CANADIAN PRESS

Kenya's**Style**

Kenya Hunt
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Still locked up

Polanski won't be released from custody

Roman Polanski lost the first round yesterday in his battle to avoid extradition to the United States for having sex in 1977 with a 13-year-old girl.

Already locked in a Zurich cell for the last dozen days, Polanski learned he will remain incarcerated for an extended period as the Swiss Justice Ministry rejected his plea to be released from custody.

Swiss authorities expressed fear he might flee the country if freed from prison. The director of such film classics as Rosemary's Baby and Chinatown has been wanted by U.S. authorities since fleeing sentencing 31 years ago.

"We continue to be of the opinion that there is a high risk of flight," said ministry spokesman Folco Galli, explaining the decision.

Galli told The Associated Press that the threat was too great for the government to accept bail or other security measures in exchange for the release of the filmmaker.

Polanski was apprehended Sept. 26 as he arrived in Zurich to receive an award from a film festival. Authorities in Los Angeles consider him a convicted felon and a fugitive, and Switzerland says there has been an international warrant out on him since 2005.

Polanski's legal representatives are also appealing to Switzerland's federal criminal court to free the director.

Galli said the Justice Ministry has submitted a letter to the tribunal explaining why it opposes release even on bail.

Legal experts say Polanski stands a minimal chance of a speedy release, even if his lawyers have suggested he be held under house arrest in his chalet in the luxury resort of Gstaad.

THE ASSOCIATED PRESS

Roman Polanski

In brief

SEX SCANDAL David Letterman's apology to his wife and staff means another big night in the Nielsen ratings for the late-night host. The Nielsen Co.'s overnight measurement of the nation's 56 biggest markets netted Letterman's Late Show on CBS a 4.2 rating — higher than anything rival NBC had in prime-time.

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Celebrity Buzz

Apartment and cash maybe you can adopt: Dad

THAT'S NICE Elton John can help a Ukrainian child if he financially supports the boy's father, femalefirst.co.uk reports.

Ex-drug addict Sergey, 31 — who is HIV positive and served eight years in jail for murder — will agree to the singer becoming guardian of his son if he also helps him start a new life.

"I don't mind my boy going to Britain to be with Elton — as long as I can go too, so I can take care of him."

He added to Britain's The Sun newspaper: "I know Elton is a rich man. Maybe he could help Marina and me and the boys get an apartment so we could be a family again."

METRO NEWS SERVICES

Violet-eyed icon needs heart help

DAME ELIZABETH Elizabeth Taylor says she's headed to the hospital for a heart procedure.

The 77-year-old actress tells her followers on Twitter that she is to undergo a "very new" procedure to improve heart function that "involves repairing my leaky valve using a clip device" rather than open-heart surgery.

"Any prayers you happen to have lying around I would dearly appreciate," Taylor wrote yesterday, adding that she plans to inform her 157,389 Twitter followers when the procedure is complete.

THE ASSOCIATED PRESS

Celebrity tweets

Tila Tequila has a very specific activity in mind, Serena Williams talks time zones, and Ricky Martin has a pretty full day.

• @OfficialTila I need a tongue massage very badly right now. That would allow me to rest easy and be free from dark thoughts. TONGUE MASSAGE! GIVE IT 2 ME!

• @serenajwilliams How are you all? Wait, it is morning for you all but not for me... Does anyone know why it is not the morning for me?

• @ricky_martin pool, lots of sun block, dirty diapers, nap, reading this sad article on children of war, & thinking on the fact that i hv 2 stop eating red meat

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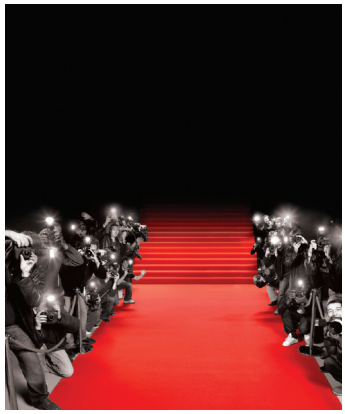

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[1] Simply use the Curve™ MasterCard® between September 15, 2009 and November 20, 2009 to be automatically entered for a chance to win. You will automatically receive 10 entries into the contest every time you use your card to make an eligible purchase between September 15, 2009 and November 20, 2009. You will receive 10 entries for a video submission with the possibility of 150 more entries if your video is selected for uploading and voted for. Canadian Tire Bank reserves the right not to accept for submission any videos it considers inappropriate or not in compliance with contest guidelines. No purchase necessary. Visit thecurvecard.com/calgary for details on no purchase necessary entry. There is one (1) grand prize Grammy Prize package (CAD$15,000 estimated value) to be awarded to the winner of the contest draw, and one (1) CAD$500 credit to the Curve MasterCard, or a Canadian Tire gift card loaded with CAD$500, will be awarded to the person who receives the highest number of votes for their video submission. Full contest details available online at thecurvecard.com/calgary. Contest closes November 20, 2009. Skill testing question required. Odds of winning depend on the number of eligible entries received.
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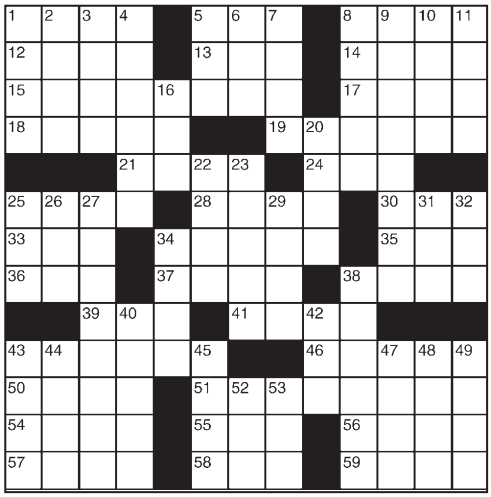
Today Morning clouds 5°C / 0°C
Thursday Flurries late 0°C / -5°C
Friday Morning clouds 1°C / -11°C

BT BREAKFAST TELEVISION

Andrew Schultz, Meteorologist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

6					5	7	4	
	7			2		6	1	
1			8					3
				8			3	6
		9				5		
5	3			4				
9					7			2
	4	5		3			6	
	8	1	6					7

ACROSS

1 Mosque VIP
5 $ dispenser
8 Prayer ending
12 Unrivaled
13 Feathery accessory
14 Exceptional
15 Sightseeing stop
17 Determination
18 Hackneyed
19 Brings forth
21 Differently
24 Moreover
25 Punch's partner
28 Knight's backup
30 Totally dominate
33 From — Z
34 Sired
35 Trouble
36 Kitten's comment
37 Reverberate
38 Recognize
39 Born
41 Compared to
43 Unisex top
46 Specter
50 Nano, e.g.
51 Birthplace
54 Gentlewoman
55 Rage
56 Grown-up nits
57 Watchful one
58 Gender
59 Ollie's pal

DOWN

1 Misfortunes
2 Castle protection
3 "— Karenina"
4 Musical hodgepodge
5 Lawyers' org.
6 Anderson's "High —"
7 Create
8 Electric-bulb gas
9 Sale sign
10 Canal zone
11 Trawler gear
16 Gibson or Brooks
20 Expansive
22 Detail, briefly
23 Rowing crew
25 Predicament
26 Multipurpose truck
27 Unpretentious, in the South
29 Milne bruin
31 Court
32 Fresh
34 "Cheers" order
38 Mounds
40 Duck down
42 Honest politician
43 Ocean motion
44 Fix, in a way
45 Anything but that
47 Pace
48 Old Peruvian
49 Paradise
52 Raw rock
53 Tex- — cuisine

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

L	A	M	B		A	I	D	
O	L	I	O		S	R	I	
P	A	L	O	O	K	A	S	
			H	A	S		S	T
S	P	O	O	K		L	O	A
T	A	R	O		P	A	L	P
E	P	A		A	L	I	V	E
P	A	L	L	I	A	T	E	
			A	R	T	Y		E
W	O	O	D	S	Y		F	R
A	V	I	D		P	A	L	L
D	E	L	I		U	S	E	
E	R	S	E		S	P	A	

A	K	I	N					
R	I	S	E					
M	E	L	T					
S	T	A	V	E	S			
P	A	L	A	B	L	E		
A	L	I	V	E		R	O	W
S	A	V	E					
E	L	D	E	R				
A	I	R						
U	S	E		E	M	I	T	
S	P	A		R	U	B	Y	

4	3	6	9	8	7	2	1	5
2	8	1	5	6	3	9	7	4
9	5	7	2	1	4	3	6	8
5	6	9	7	3	8	4	2	1
8	7	4	1	2	5	6	9	3
1	2	3	6	4	9	8	5	7
7	1	8	3	9	2	5	4	6
3	9	5	4	7	6	1	8	2
6	4	2	8	5	1	7	3	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Crab-Topped Fish Fillets

INGREDIENTS:
4 sole, orange roughy or cod fillets
1 can (6 oz/170 g) crabmeat, drained and flaked or 1 cup (250 ml) imitation crabmeat, chopped
1/2 cup (125 ml) grated Parmesan cheese
1/2 cup (125 ml) mayonnaise
1 tsp (5 ml) lemon juice
Paprika
1/3 cup (75 ml) slivered almonds, toasted

METHOD:
1. Place fillets in greased 13-in. x 9-in. x 2-in. (33 cm x 23 cm x 5 cm) baking dish. Bake, uncovered, at 350 F (180 C) 18-22 minutes or until fish flakes easily with fork.

2. Meanwhile, in bowl, combine crab, Parmesan cheese, mayonnaise and lemon juice.

3. Drain cooking juices from baking dish; spoon crab mixture over fillets. Broil 5 in. (13 cm) from heat for 5 minutes or until topping is lightly browned. Sprinkle with paprika and almonds.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
A relationship that has suffered some neglect will be on your mind today. It can still be successful but only if you are prepared to work at it.

TAURUS ♉
APRIL 21-MAY 21
What you say and do over the next 24 hours will determine the level of success you enjoy over the next few weeks.

GEMINI ♊
MAY 22-JUNE 21
Your ambitions may seem impractical to some but what do they know and what do you care? Get ahead and stay ahead.

CANCER ♋
JUNE 22-JULY 22
You are worrying for no good reason about how much something is going to cost. If it is what you truly desire then don't worry about the financial side.

LEO ♌
JULY 23-AUG 23
The message of the stars for you today is that you need to learn how to appreciate what you already possess.

VIRGO ♍
AUG 24-SEPT 22
Your daily routine is making too many demands on your time and your energy and you need to find ways to break this negative cycle.

LIBRA ♎
SEPT 23-OCT 23
What do you want out of life? Why are you not getting it? Most likely it's because you are spending too much time on matters of lesser importance.

SCORPIO ♏
OCT 24-NOV 22
Do partners and loved ones feel as good about themselves as you feel about yourself? Point out all the wonderful things they possess.

SAGITTARIUS ♐
NOV 23-DEC 21
Keep in mind at all times that the things you focus on today are the things you will most likely be doing tomorrow, so don't limit your horizons.

CAPRICORN ♑
DEC 22-JAN 20
Finances are under good stars at the moment and the advice you get from a trusted friend could make you some big bucks before the end of the year.

AQUARIUS ♒
JAN 21-FEB 18
Do you fantasize about running away and starting again from scratch? Take charge of your life and make it so you don't need to run away. Do it today.

PISCES ♓
FEB 19-MARCH 20
You're in one of your conspiracy moods and will go all out to discover what "the powers that be" are trying to keep from you.

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*Prestige members must be present at time of purchase, & have a valid Prestige card. Offer cannot be used in conjunction with 20% offered for New Prestige Members. Prestige Members will receive a total of 30% after applying their 10% member discount to the 20% Shopping Party Offer. Offer cannot be used with any other discount card, coupons or towards the purchase of gift cards, Prestige cards, or previously purchased merchandise. Select merchandise only. Offer is only valid from October 7th through to October 12th, 2009. Other restrictions may apply.
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